



RETIREMENT NOTIFICATION FORM

PLEASE PROVIDE THE INFORMATION IN CAPITAL LETTERS OR IN PRINT ACCORDING TO THE LATIN ALPHABET

PLEASE RETURN THE COMPLETED AND SIGNED FORM TO IWF@ITA.SPORT

I. ATHLETE INFORMATION

First Name _____	Last Name _____
Nationality _____	Date of Birth _____
ADAMS ID _____	
Address _____	
Telephone No. _____	E-mail ID: _____

II. ATHLETE DECLARATION

I voluntarily declare I have decided to permanently retire from sport of weightlifting and I do not intend to compete in any International Competitions.

Therefore, I request for my name to be removed from IWF International Registered Testing Pool.

I acknowledge that I have read and understood the IWF Anti-Doping Policy, in particular Article 5.7 of the IWF Anti-Doping Policy and I understand all the consequences of my retirement from the sport.

Athlete Signature	_____
Name and signature of the representative of the National Federation	Name _____
	Signature _____
Date	_____

III. APPLICABLE PROVISIONS OF THE IWF ANTI-DOPING POLICY

5.7 Retired Athletes Returning to Competition

5.7.1 An Athlete in IWF's Registered Testing Pool who has given notice of retirement to IWF may not resume competing in IWF Calendar Events or National Events until he/she has given IWF written notice of his/her intent to resume competing and has made him/herself

available for Testing for a period of six months before returning to Competition, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations. WADA, in consultation with IWF and the Athlete's National Anti-Doping Organization, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an Athlete. This decision may be appealed under Article 13. Any competitive results obtained in violation of this Article 5.7.1 shall be Disqualified.

5.7.2 If an Athlete retires from sport while subject to a period of Ineligibility, the Athlete shall not resume competing in IWF Calendar Events or National Events until the Athlete has given six months prior written notice (or notice equivalent to the period of Ineligibility remaining as of the date the Athlete retired, if that period was longer than six months) to IWF and to his/her National Anti-Doping Organization of his/ her intent to resume competing and has made him/herself available for Testing for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

5.7.3 In any event, any retired Athlete who wishes to return to Competition and intends to enter an IWF Event shall fulfil the requirements of Article 5.6.4 of this Anti-Doping Policy, without prejudice to any further obligations that the Athlete may have due to having retired while being in a Registered Testing Pool.